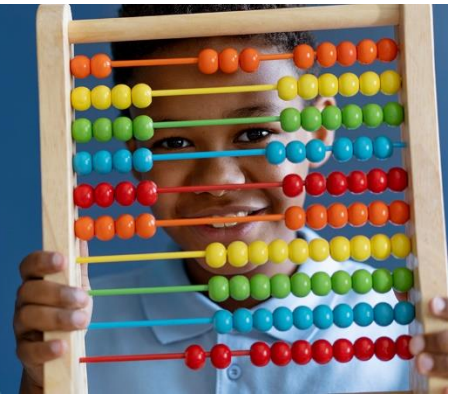


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SENSORY KITS

RESOURCES



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Theme: Fine Motor Fun

Fine motor skills refer to precision, dexterity, and coordination of the hands. The books and activities in this kit are designed to help you build coordination and dexterity when using your hands. This is also an important part of learning to read and write!

This kit contains:

- Two books to read together: *Follow Me Around the World* by Roger Priddy is a finger maze adventure of grooved maze trails to trace with fingertips. *Press Here* by Herve Tullet is an interactive book that encourages the reader to press the yellow dot on the cover and then follow the directions within to embark upon a magical journey.
- Spike, the Fine Motor Hedgehog: This learning toy encourages you to practice using your fingers to insert the hedgehog's colorful quills and then to pull them out again. You can even create a pattern or practice color identification, sorting or counting. The quills are stored inside the hedgehog.
 - Any toy or activity that requires use of the fingers will help build fine motor skills.
- Manual Dexterity Board: This board will help you practice navigating the fasteners commonly found on clothing and shoes. Mastery of these skills leads to independence in self-care.
- Mindful Maze set: These three mazes are double-sided for a total of six activities to help you practice fine motor control. They can also be used with breathing activities to provide a calming experience. Select the board that fits how you're feeling, trace your finger along the patterns, then regulate your breathing by inhaling and exhaling as the patterns indicate.

FINE MOTOR ACTIVITIES



- Peeling and placing stickers
- Stringing cereal
- Ripping or crumpling paper
- Placing coins in a piggy bank
- Attach clothespins to clothing or board books
- Drawing with sidewalk chalk
- Threading and lacing
- Painting
- Drawing or writing
- Cutting on a line
- Using glue on a precise target for an art project
- Putting pegs into a pegboard
- Practice with puzzles or mazes
- Picking up items with tweezers, clothes pins, or kitchen tongs
- Building with construction blocks